## Special Event Information-Ragnar Road Wasatch Back 2024

## Event Information

The Ragnar Relay is a 200 -mile-long distance running relay race proposed to start in Logan on June $7^{\text {th }}$, 2024 and end at Brighton Ski Resort June 8, 2024. Teams will conquer one of the most rewarding races in the Ragnar Series as they make their way through stunningly green mountains and postcard worthy countryside during their 200-mile adventure!

We anticipate 300 teams of 6-12 individuals in 2 vehicles per team ("Ultra" teams have six participants and one vehicle), therefore we expect less than 3,500 participants with 300 or less runners spread over 30 50 miles of course at any given time. Teams take turns running relay style to complete the course, picking up a runner and dropping off the next runner at each of the 36 exchange points along the course.

## Parking/Traffic Flow:

- Ragnar teams start in waves staggered from 5:00 am - 1:00 pm to spread participants along the course, allowing about an 8 - 10 -hour time frame to pass through communities.
- Throughout most of the race, you can expect only 50-70 vehicles onsite. We anticipate less than
- Each team is responsible for providing two support vehicles, with six runners in each vehicle. The first vehicle will drop off the first runner at the start, and then proceed to the first exchange point. At the first exchange, the vehicle will drop off the second runner and pick up the first runner when that runner's leg is complete. Teams will repeat this pattern for six legs until they hand off to their second vehicle. This leapfrogging pattern will continue all the way to the finish line.


## Race Personnel Onsite:

- Ragnar will have an exchange manager present during the entire race and 3-5 volunteers. Additionally, Ragnar staff will be present throughout the event to ensure everything is running smoothly.


## Sanitation and Garbage Disposal:

- Ragnar will provide portable toilets and manage all trash cleanup at exchanges.


## Safety, Emergencies, and First Aid

Runner safety is of foremost concern. Before a team can begin the race, they must go through a safety gear check and training. All runners sign waivers acknowledging that the course includes areas where there may be traffic congestion and that they must obey race rules, which require observance of all applicable traffic rules and regulations.

Runners and community residents can notify Ragnar through the Ragnar Race Command number, 661-RAGNAR-1 (661-724-6271) with any concerns of problems along the course. Medical personnel are provided at each Major Exchange point, or approximately every $25-35$ miles of the course. If a runner encounters a first aid issue at a minor exchange, they are directed to proceed to the closest major exchange to be treated. In the event of an emergency, runners are directed to contact 911 and then notify Ragnar staff.

Volunteers

Exchanges are staffed by a combination of team required volunteers and community groups and charities. Groups and charities are given a donation for providing volunteers to manage exchange logistics such as parking, exchange chute details, team tracking and general runner directions. Volunteers are trained on site by a Ragnar staff member and released by a staff member once the last runner has come through.

## Community Impact

Communities directly benefit economically from money spent by participants for food, lodging and other services. Additionally, Ragnar partners with regionally based charities and groups for each event to encompass an even more positive impact on the local communities.

These overnight relays benefit both participants and the communities where they are presented. Participants have been unfailingly enthusiastic about their experiences and there are always a wide variety of human-interest stories associated with these events. These range from the experienced runner finding special meaning through participation in a running event as a member of a team, to the first-time runner who participates at the urging of a friend and discovers previously unknown abilities and a love for running; to families, businesses, old friends and other groups who enhance their relationships as they individually and collectively test their limits; to teams who simply run for a cause, whether in honor of a deceased friend or relative, or to raise money for local charities or another charity of special importance to the team.

## Insurance

We are sanctioned under USA Track and Field. If you would like a Certificate of Liability Insurance for $\$ 1$ Million in coverage, we are happy to provide that upon request. Please inform us what entity to have listed on that certificate.

## Organization Information

The event is sponsored and managed by Ragnar Events LLC. Ragnar Events presented its first event, the Ragnar Relay Wasatch Back, in Utah in 2004. To date, Ragnar has over 50 events worldwide and is the largest series of overnight relays in the world. For more information, see www.runragnar.com

## Event organizer:

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## Ragnar Road Wasatch Back in Weber County

- Teams are anticipated in the area between the hours of 10:30 am and 11:00 pm June 7, 2024
- Road closure requested over Avon Pass Road
- Race director will work with law enforcement on police detail and traffic control
- Neighboring towns and exchange points pending approval


## Route Overview



## Leg 5 turn by turn directions

- Depart Exchange 4 running south against traffic on 800 East - 800 East becomes Canyon Road
- 7.4 - Arrive at Choose Your Own Exchange 5. Exchange anywhere between 7.4 and 8.4 miles.


## Leg 5 leg notes (listed on app and website)

This leg is run on a dirt road. Support vehicles should drive slow to avoid dusting runners.
Exchange 5 is a choose your own exchange and runners can exchange anywhere between $7.4-8.4$ miles into leg 5


## Leg 6 turn by turn directions

- Depart Exchange 5 heading south on Avon Pass Road
- 3.8 Continue south against traffic on 3100 E - 3100 East becomes 3300 East
- 6.1 Left to run against traffic on 4100 North
- 6.4 Arrive at Exchange 6 - Liberty Park


## Leg 6 leg notes (listed on app and website)

This leg is run on a dirt road with a steep grade. Be cautious driving and keep speeds low.


## Leg 7 turn by turn directions

- Depart Liberty Park heading east on 4100 North
- 0.6 Right to run against traffic on River Drive (becomes 4000 East)
- 2.3 Left to run against traffic on SR 162
- 2.6 Using the pedestrian walkway, cross SR 162 and continue south on the sidewalk with traffic Runners leaving Exchange 7 will be coming at you
- 2.7 Arrive at Exchange 7 - Snowcrest Junior High School


## Leg 7 leg notes (listed on app and website)

This leg is run on sidewalks and road shoulders. Be mindful of traffic around you and do not block traffic or driveways. Teams may support when safe and legal to do so.


## Leg 8 turn by turn directions

- Depart Snowcrest Junior High School running north on the sidewalk against traffic on SR 162 Runners arriving at Exchange 7 will be coming at you
- 0.1 Using the pedestrian walkway, cross SR 162 and take a right to continue south against traffic
- 1.3 Left to run against traffic on 5500 East - You will cross 5500 East at 2200 North and continue south against traffic
- 1.9 Left to stay against traffic on 1900 North
- 2.4 Arrive at Exchange 8 - Valley Elementary School


## Leg 8 leg notes (listed on app and website)

This leg is run on sidewalks and road shoulders. Be mindful of traffic around you and do not block traffic or driveways. Teams may support when safe and legal to do so.


## Leg 9 turn by turn directions

- Depart Valley Elementary School running east on the sidewalk with traffic on E 1900 N
- 1.5 Stay right on the sidewalk on N 7100 E - continue as N 7100 E becomes E 500 N and then N 7800 E
- 4.3 Right to run with traffic on Main Street
- 5.4 Left to run against traffic on S $6800 \mathrm{E}-\mathrm{S} 6800 \mathrm{E}$ becomes E 200 S after 0.2 mile
- 6.1 Right to run against traffic on S 7200 E
- 6.2 Left to run against traffic on E 300 S
- 6.4 Arrive at Exchange 9 - Huntsville Town Park


## Leg 9 leg notes (listed on app and website)

This leg is run on paths and road shoulders. Teams can support their runner when safe and legal to do so. Support vehicles must follow van directions - do not follow your runner through the town of Huntsville.


## Leg 10 turn by turn directions

- Depart Huntsville Town Park running east against traffic on E 300 S
- 0.1 Right to run against traffic on S 7500 E
- 0.3 Left to run against traffic on E 500 S
- 0.7 Cross SR 39 with police assistance and continue against traffic east on E 500 S
- 2.4 Left to run against traffic on S 9200 E
- 2.9 Left on E 100 S/SR 39
- 3.0 Arrive at Exchange 10 - Waypoint Academy


## Leg 10 leg notes (listed on app and website)

Teams are to support only when safe and legal to do so.


## Leg 11 turn by turn directions

- Depart Waypoint Academy running west against traffic on E 100 S/SR 39
- 0.6 Left to run against traffic on S 8600 E
- 1.1 Right to run with traffic on E 500 S . Run on paved path when available - runners on leg 10 will be coming at you.
- 2.0 With officer assistance, cross E 500 S and run south against traffic on S 7800 E/SR 39
- 4.3 Arrive at Exchange 11 - St. Florence Catholic Church


## Leg 11 leg notes (listed on app and website)

Absolutely no support on SR 39. No stopping, no pulling over. Ragnar staff will be monitoring the area and teams pulled over will receive a violation and risk disqualification.


## Leg 12 turn by turn directions

- Depart St. Florence Catholic Church running west on SR 39/Ogden Canyon Road
- Left to run against traffic on SR 226/ Snowbasin Road
- 7.1 Right at the entrance of Snowbasin Resort - follow signs to the exchange
- 7.6 Arrive at Exchange 12 - Snowbasin Resort


## Leg 12 leg notes (listed on app and website)

Tough climb up Old Snowbasin Road, with beautiful views of Pineview Reservoir and Mt. Ogden! NO VAN SUPPORT - Ony runners allowed on this leg. Support vehicles must follow Van Directions. Vans will take Trappers Loop. Runners should take all necessary aid and water with them. Do not forget your handheld water bottle to be filled at cupless water stations along this leg.


## Leg 13 turn by turn directions

- Depart Snowbasin Resort heading south up the hill behind Earl's Lodge
- Left on S Wc226 Road
- 0.4 Right to exit S Wc226 Road and enter the trail up the mountain then follow signs over the Snowbasin Loop to the Maples Trailhead
- 1.3 Right on Snowbasin Road
- 1.4 Right to cross Snowbasin Road and enter S Wc226 Road to the right of the parking lot
- 1.8 Left to exit S Wc226 Road toward the exchange point
- 1.9 Arrive at Exchange 13 - Snowbasin Resort


## Leg 13 leg notes (listed on app and website)

Tough climb up Old Snowbasin Road, with beautiful views of Pineview Reservoir and Mt. Ogden! NO VAN SUPPORT - Ony runners allowed on this leg. Support vehicles must follow Van Directions. Vans will take Trappers Loop. Runners should take all necessary aid and water with them. Do not forget your handheld water bottle to be filled at cupless water stations along this leg.


## Leg 14 turn by turn directions

You might see your team pass you on this leg, but please remember it is NO VAN SUPPORT. Please bring your handheld water bottle to fill at water stations.

- Depart Snowbasin Ski Area heading south on the Little Cat Express Quad and follow signs to S Wc226 Road
- 0.4 Left on S Wc226 Road, then immediate left on S Wcsb19 Road/S Wc226 Road
- 0.5 Right on SR 226/Snowbasin Road
- 2.8 Right to run in a coned lane against traffic on SR 167
- 7.3 Right into Exchange 14 - Mountain Green Middle School


## Leg 14 leg notes (listed on app and website)

Teams may see their runner as they make their way to the exchange point, but please remember this is a no van support leg. No pulling over, no stopping AT ALL. Ragnar staff will be monitoring the area and teams supporting will receive a violation and risk immediate disqualification.


## Signage Plan

- Along the course there will be course signs that communicate to the runners which direction to go, on what side of the road to run, which exchange they are at, etc.
- Directional signs are only placed at change of direction intersections.
- Signs are 42 " High, 18 " Wide, .25 " Thick and are made of corrugated plastic. Each sign will be secured to a delineator post barricade.


