

Ragnar Sprint Wasatch Back- Weber County

2021 WB Special Event Additional Information

The Ragnar Wasatch Back race has been an annual tradition for the past 17 years through the rugged mountains of Utah's beautiful Wasatch range. We are excited to bring the 2021 race back as a **one-day** event. A Ragnar Sprint course is a one-day take on our classic overnight relay format. Please see below for more information regarding the details of Ragnar Sprint Wasatch Back 2021.

(Changes to the event due to this new format are highlighted in yellow.)

Included information:

- Event Description
- Exchange Points
- Relay Timing
- Safety, Emergencies and First Aid
- Officer services
- Traffic Impact/ Traffic Control
- Waste Receptacles
- Signage Plan

Please contact me regarding any questions you may have.

Many thanks,

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Event Description

The Ragnar Sprint Wasatch Back is a long distance running relay race that will begin at Utah State University and end at Snowbasin Resort on June 12, 2021.

- We anticipate 300 teams to participate in the event. Unlike our traditional relay format, Sprint teams only comprise of 1 vehicle and 3 - 6 racers. We anticipate approximately 1,500 runners and 300 vehicles on the course. This is less than half the amount of participants compared to our 2019 event.

- During the relay, each team member runs two legs. Only one person from each team will be running on the course at a time. There will only be 300 runners on the course at any given time.
- Start times are staggered. The objective for the staggered start time is to spread the participants out so that the impact on local traffic will be minimal to avoid large groups of runners clustering together.
- Runners are instructed to obey all traffic laws and regulations. The race course will utilize sidewalks, running paths, bike lanes, and road shoulders.

Exchange Points

Teams pass the baton from one runner to the next at exchange points. An exchange includes portable toilets, an exchange area, and traffic cones used for crowd control.

Unlike our traditional relay, which includes 30 minor and 5 major exchange points, Sprint courses are only comprised of 12 minor exchange points.

Ragnar is in the process of obtaining permission from the various locations for the use of exchanges.

Exchange Points in Weber County:

- Ex 6: Liberty Park - N Hwy 162, Eden, UT 84310
 - Please note that Exchange 6 will no longer be a “major” exchange due to the format change. This will be the size of any normal “minor” exchange. We will not have merchandise or other vendors here.
- Ex 7: Snowcrest Junior High - 2755 N Hwy 162, Eden, UT 84310
- Ex 8: Valley Elementary - 5821 E 1900 N, Eden, UT 84310
- Ex 9: Huntsville Town Park - 240110032, Huntsville, UT 84317
- Ex 10: WayPoint Academy -9091 E 100 S, Huntsville, UT 84317
- Ex 11: Open Field (base of Old Snowbasin Road) -(gps: 41.249454, -111.794126)
- Finish Line: Snowbasin Resort - 3925 Snow Basin Rd, Huntsville, UT 84317

Relay Timing

Since the race will now be a one day event, and only comprised of half the amount of participants, relay timing will be much more condensed compared to previous years.

We will have estimated relay timing for each leg of the course as we get closer to the event.

Safety, Emergencies, and First Aid

Safety is our top priority. Runners are educated prior to the race concerning event and safety rules as follows:

- Runners are required to obey all traffic laws and we instruct them to use the sidewalk when available.

- Ragnar provides a Race Command number during the race. Runners may text Race Command for any concerns or problems out on the course.
- In case of emergency all runners and staff will call 911. Then contact our Race Command number (661-Ragnar1) to let race staff know of the emergency.
- We have 8-12 Ragnar Staff and trained volunteers on the course at all times monitoring the course.
- A Medic Station and Medical Staff will be located at the finish line. These Medic Stations will be equipped to handle heat exhaustion, and all minor sport injuries. We hire EMT intermediate personnel or above, either through a medical staffing agency or directly through local hospitals or emergency service personnel.
- In the event of a major medical emergency (i.e. any life threatening condition or injury that requires immediate medical attention) we instruct runners/volunteers to first call 911.
- In addition to our own first aid services on the course, we list the local emergency rooms near the course, along with their address and phone number in our race app.

Officer Services

Police Officers are stationed throughout the course in specific locations according to the safety demand and traffic flow throughout their jurisdiction. As in year's past, we will work with Weber County Sheriff's office to determine appropriate locations.

Traffic Impact/ Traffic Control

All traffic control measures are to be set up, maintained and removed by Utah Barricade. The following are traffic control measures that will occur within Weber County:

- North Bound soft closure on Hwy 162 just north of 2950 N in Liberty. Type 2 barricade place on road June 12 at 8am. This is to discourage local traffic from going northbound on Avon Pass
- Leg 11- Cone south shoulder of Hwy 39 from 500 s in Huntsville to exchange 11.
- Variable Message Boards placed 3 days before the event on June 9th
 - VMS 1: Intersection of Hwy 39 and 158 (41.253776, -111.841751) east bound traffic on 39
 - VMS 2: intersection of Hwy 162 and 158 (41.304972, -111.826472) North West Bound traffic on 162.
- Signs will read "Special Event Ahead, Ragnar Relay, June 12, 2020, Use Caution"

Waste receptacles

Runners are provided trash bags and asked to carry their trash for the duration of the event. A dumpster will be provided for them at the Finish Line. The entire course will be

swept by Ragnar staff members following the last runner to ensure no trash is left behind.

Signage plan

Along the course there will be course signs that communicate to the runners which direction to go, on what side of the road to run, which exchange they are at, etc. Directional signs are only placed at change of direction intersections. The signs are 42" High, 18" Wide, .25" Thick and are made of corrugated plastic. Each sign will be secured to a delineator post barricade. An example of such a sign can be seen in the picture below.

